



Runner Guide - March 24, 2024

Thank you for registering for the 41st annual Wildflower Run on March 24, 2024! Your participation and the contributions from our sponsors enable the Morgan Hill branch of AAUW (American Association of University Women) to provide thousands of dollars toward local community grants, leadership programs, and scholarships for girls and women. We are a 501(c)3 non-profit organization. Please consult your tax advisor to determine the extent to which your contribution may be tax deductible.

Like past years, we expect (and are limiting registrations to) up to 1200 participants. Are you reading this and have not yet registered? **Register early so you will receive a limited edition 2024 t-shirt in your size.**

ADDITIONAL SOURCES OF INFORMATION

- For information about our **scholarships and community giving**, go [AAUW Morgan Hill's website](#).
- For additional **event information**, go to the Wildflower Run website [WildflowerRun.org](#)
- **Email unanswered questions** to [contact@WildflowerRun.org](#) or [registration@WildflowerRun.org](#).
- Get the **latest news** (and like or follow us!) on [Facebook](#) and [Instagram](#). We will have weekly pre-run challenges on social media. Join in and you may win a prize! (Use #WildflowerRun, #WildflowerRunMH or #WildflowerRun2024) to be eligible for additional prize drawings.
- **Register online** through [RunSignUp](#).

SPECIAL FEATURES & PRICING NOTES:

Kids' 2K Run (for ages 5-10). All participants in this timed event receive a finisher medal, with a 41st anniversary, 2024, themed image. (This is in addition to the winners' prizes and medals.)

2K Fun Run/Walk (for ages 2-102). This brand new, non-competitive event will follow the Kids' 2K on the Live Oak track. This inclusive event allows all ages to be involved. Come make it a family event at the Wildflower Run! Sorry, no pets are allowed.

5K Stroller / Baby Jogger. For the regular adult registration fee, all participants in this unique event will also receive a bonus baby-tee for your little one. NOTE: Register just yourself; no additional registration is needed for your tot--just specify the baby-tee size (2T 3T or 4T).

Pre-Run Packet Pickup. We will again offer optional packet pickup, 10 am - 2 pm, Saturday, March 23, at BookSmart, 421 Vineyard Town Center, MH. Pick up your swag early to avoid the Sunday rush.

Group Discounts. Groups of 10 or more receive a \$5 discount per registration. Email [registration@wildflowerrun.org](#) for a "coupon code" that members of your group can then use when registering online through [RunSignUp](#). You may also join a school team ([wildflowerrun.org/schoolteams](#))

Family Rates. Families of 4,5, or 6 also receive special discounts. Register your family members together online using the family rate through [RunSignUp](#). Note that you can register individual family members for different events and still take advantage of the family rate.

BEFORE THE RACE

Parking

Parking usually maxes out; carpooling is strongly encouraged.

Runner Parking: Access 7:15-8:50. No exit until 9:20

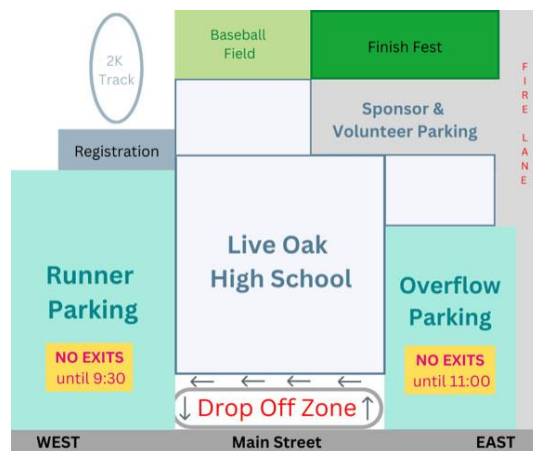
Drop-Offs: Circular Drive. DO NOT use Runner Parking

Overflow Parking: Access when runner lot is full. **No exit until 11:00 am** (after the last runner is finished)

Street Parking: Half Road (behind school) (very limited)
Elm Street (east of school)

Please follow event signs and traffic control.

Arrive early to help ensure event safety.



NOTE THAT PETS ARE NOT PERMITTED ON SCHOOL PROPERTY.

Registration & Packet Pickup

Registration will open at 7:30 am. We will have two registration areas, one for pre-registered runners and the other for same-day registrations. For race day registration only credit or debit card is accepted. You will pick up your bib at one of these stations. Please see the Live Oak High School site map (on the following page) for directions to the registration area.

Or pick up your bib and t-shirt in advance, 10 am - 2 pm, Saturday, March 23, at BookSmart, 421 Vineyard Town Center, Morgan Hill. This option is particularly convenient for families with young children in the Kids' 2K Run, the 2K Fun Run, or the 5K Stroller event. Registration is NOT available at BookSmart prior to then.

T-Shirts

Your registration entitles you to a unique, limited edition 2024 Run t-shirt **We will have 2024 Wildflower Run t-shirts for approximately the first 1000 runners to register.** For the best selection, register early. Your runner bib and t-shirt can be picked up at packet pickup the day before the Run or on Run day, following registration, before your race. All runners are also invited to pick up their t-shirts (assuming availability) at the Finish Fest after your race.

Runners registered in our **5K Stroller/Baby Jogger Race** are each allocated **two t-shirts**, one for themselves and one for their passenger! Specially designed and totally adorable "Wildflower Stroll" shirts are available in sizes 2T, 3T or 4T. Pushing a double stroller or a stroller in the 10K? You may make a \$10 donation for another "Wildflower Stroll" shirt--subject to availability--at the t-shirt table in the Finish Fest following the Run).

Free Photos!

Local photographers from the Morgan Hill Photography Club will be taking candid, event, and award photos throughout the morning. Photos will be available at no charge to you (Wednesday after the run) to browse and/or download. The online link to the photos will be at WildflowerRun.org/photos.

Hospitality

Complimentary pre-Run (caffeinated) coffee and light snacks will be available at the "Snack Shack," located between the registration area and the track. Look for porta-potties in that area as well.

Half Road

Emergency
Vehicle
Access
Only

Live Oak School Site Map



2K

5 times
around
the track

Kids' (ages 5-10) Run
Start /
Finish 8:30 Start

Kids' Finish
Medals

Kids' Awards

All Age
Fun Run/Walk:
9:15 Start

First
Aid
Kids
Snacks

Registration

Pre-Run Group Photos

T-Shirts Hospitality

Warm-Ups

Sponsor
Cars Entrance
No parking

Runner
Parking

9:00
START

Runner
Parking

Runner
Parking

9:15
START

NO EXIT
before
9:30

Course
Marshal
Checkin

Drive thru
for Runner
Drop Off

NO EXIT
before
11:00

Main Avenue

AAUW
Info

Youth
Activities

Sponsor
Booths

Snacks

Snacks

T-Shirts,
Kids' Medals &
Finisher Ribbons

5K/10K
Awards

Timing
Results

Sponsor
Booths

Drop Off Only

Sponsor &
Volunteer
Parking

Runner
Overflow
Parking

Runner
Overflow
Parking



- 10K
- 5K
- 2K
- Registration
- Finish Fest & Awards

Please follow signs
and directions of traffic
volunteers while finding
a parking spot!

No Pets on
School Property



THE RACE

Timing Chips

Our 5K and 10K chip timing is provided by South Valley Endurance. Your chip is on your bib, which must be worn uncovered on the FRONT of your body. If it is covered, it is possible that your time will not be recorded. ***Both the 5K and the 10K will have chip starts. The 5K and 10K start mats will be removed within about 10 minutes after the event starts, so please be prompt to ensure your time is recorded.***

Race Start Times

- Kids' 2K Run (5-10 year old) will start at 8:30 am on the track. (See Live Oak site map)
- 10K Run will start at 9:00 am near the back (north end) of the west parking lot. Walkers are also welcome to participate in the 10K (although we do not offer a separate "10K Walk" event). If you will be walking, please note that we will be pulling the course workers and closing the course at 11:00 am.
- 2K Fun Run/Walk (ages 2 -102) will start at approximately 9:15 am on the track, after the Kids' 2K Run.
- 5K Run, 5K Walk and 5K Stroller/Baby Jogger Race will start at 9:15 am; strollers and walkers should line up *behind* runners at the start line. The 5K start is also in the west parking lot, just inside the entrance to the parking lot.

Plan to arrive early to ensure you have time to park and to start your event at the official start time.

Timing strips will be removed after the start of each race.

The Courses

- The 5K and 10K courses are both fast and flat, on paved roads. They are ideal for runners who want to improve their personal best times. Please review the 5K and 10K route maps.
- Both the Kids' 2K Run (for children aged 10 and under) and the inclusive, family friendly 2K Fun Run/Walk (for all ages) consist of 5 laps around the Live Oak High School track. See the detailed instructions on the 2K map in this packet.

Traffic

You will be running on country roads, generally with little traffic. However, the roads are open to all local traffic. It is important that runners stay on the right, do not block the road, are aware of passing vehicles, and use extra caution when crossing the road. Watch for warning signs, cautioning runners of cross-traffic in heavier trafficked areas. Volunteer course marshals and police will be helping with traffic control.

Entertainment Enroute!

We will have featured entertainers along the route, keeping you energized. We anticipate these will again include Taiko drummers, instrumentalists, a ukulele group, and more. Enjoy!

Course & Mile Markers

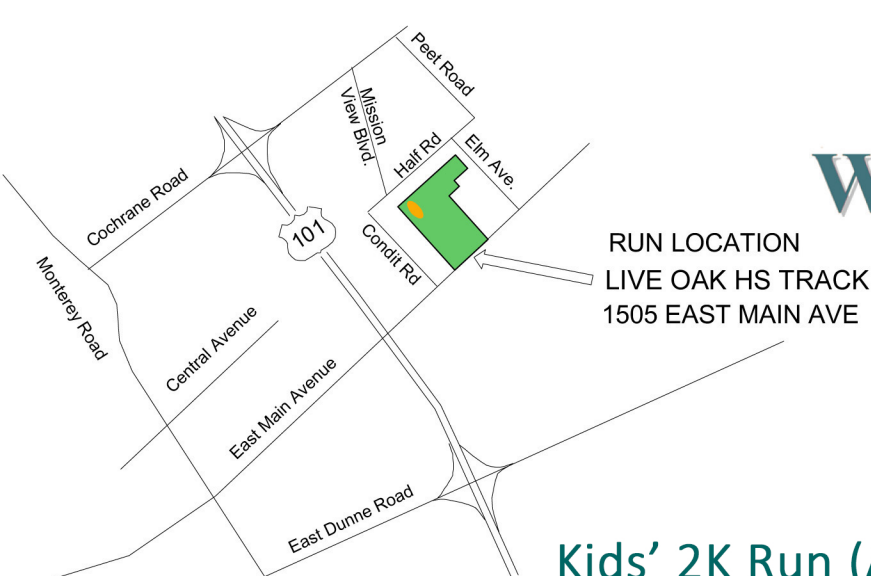
We have accurate mile markers on both the 5K and 10K routes. (5K mile markers are red and 10K are blue, and they are in different spots.) The 10K is a USATF certified course. There will be many volunteers and directional arrows ensuring you are going in the right direction. Bicyclists will lead both routes.

Medical Information

Emergency Medical Service will be stationed at the 5K and 10K finish and will be at the track for the duration of the 2K events. Please see them if you are having any issues. (See Live Oak site map for position of EMTs.)

Water Stops Water is available in the hospitality area (near registration) and at the finish of all races. There is an initial combined 5K and 10K water stop, with two additional water stops on the 10K route. There will be many volunteers at the water stops to cheer you on!

Rest Room Facilities There will be several porta-potties, near registration (on the west side of the campus), and near the 5K & 10K finish line (on the east side of the campus). School restrooms at the "Snack Shack" near Registration will also be open. (See the Live Oak site map for locations.)



WILDFLOWER RUN

2K Kids Run

Held at Live Oak High School
1505 East Main Avenue, Morgan Hill, CA

Kids' 2K Run (Ages 5-10): 8:30 AM Start
2K Fun Run/Walk (All Age): 9:15 AM Start

2K RUN ROUTE

- The route consists of 5 laps of the track.
- To track laps, a tally worker on the **INSIDE** of the track will hand runners a lap indicator after each lap.
- After the 5th lap (4 lap indicators), the runners will exit through the cones on the **OUTSIDE** of the track
- Wheelchairs and walkers are welcome in the 2K Fun Run/Walk.
- **NO STROLLERS** allowed on the track.
- Parents cheering on children in the Kids' 2K Run may do so from the bleachers. They are not permitted on the track.
- If you need to be on the track with your child, please register both of you for the non-competitive 2K Fun Run/Walk.

Kids' 2K Run winner medals and prizes will be presented by the track, immediately following the event

All youth (10 and under) for both 2K events will receive finisher medals as they finish.

All other 2K Fun Run/Walk participants will receive finish ribbons as they finish.

FINISH

START

FINISH MEDALS FOR ALL KIDS

WATER, SNACKS, & KIDS' GOODIE BAGS

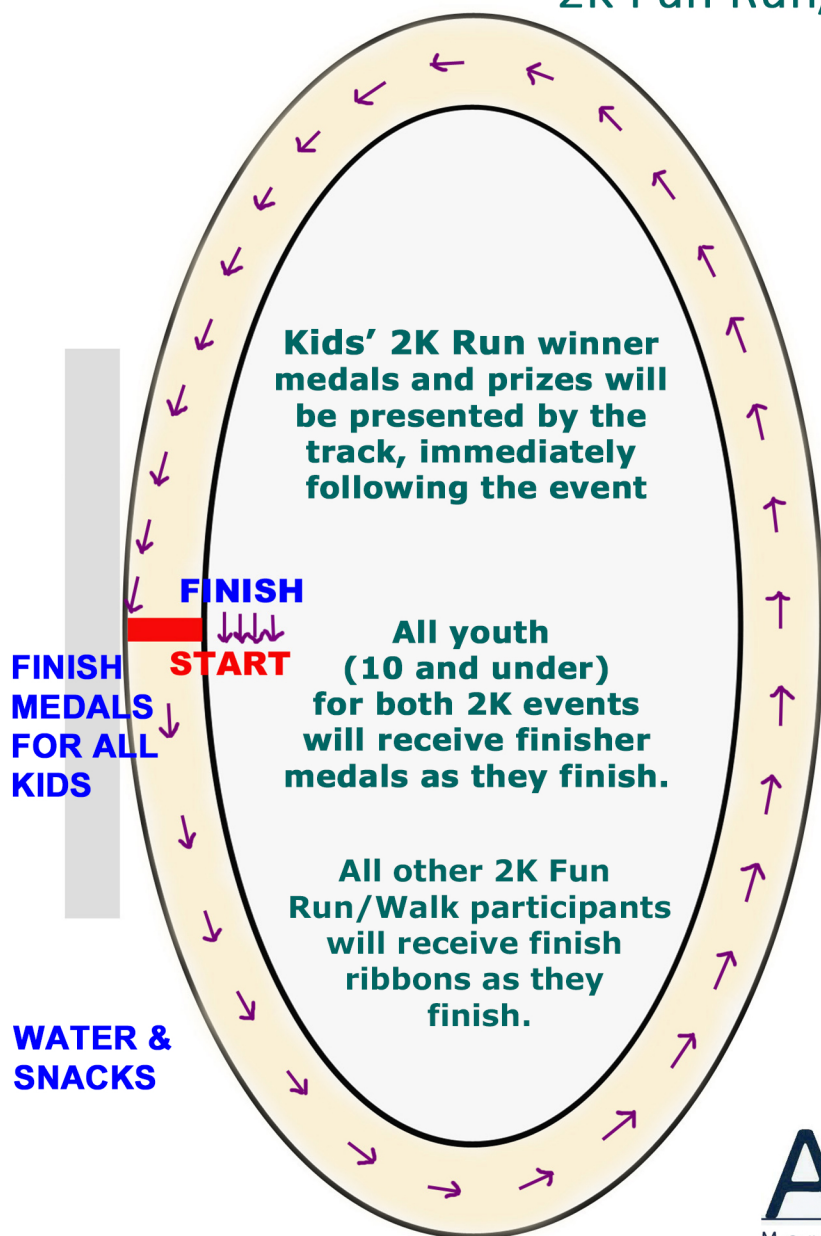


WILDFLOWER RUN

2K Kids Run

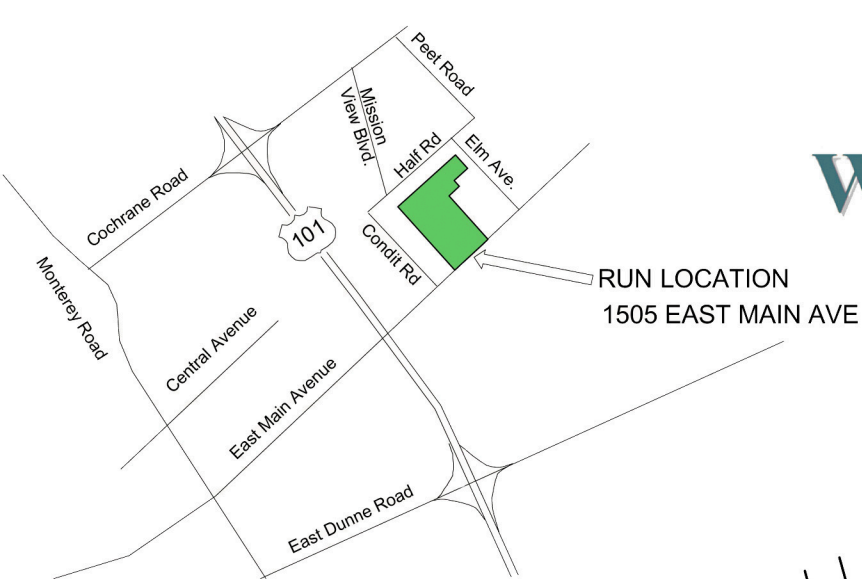
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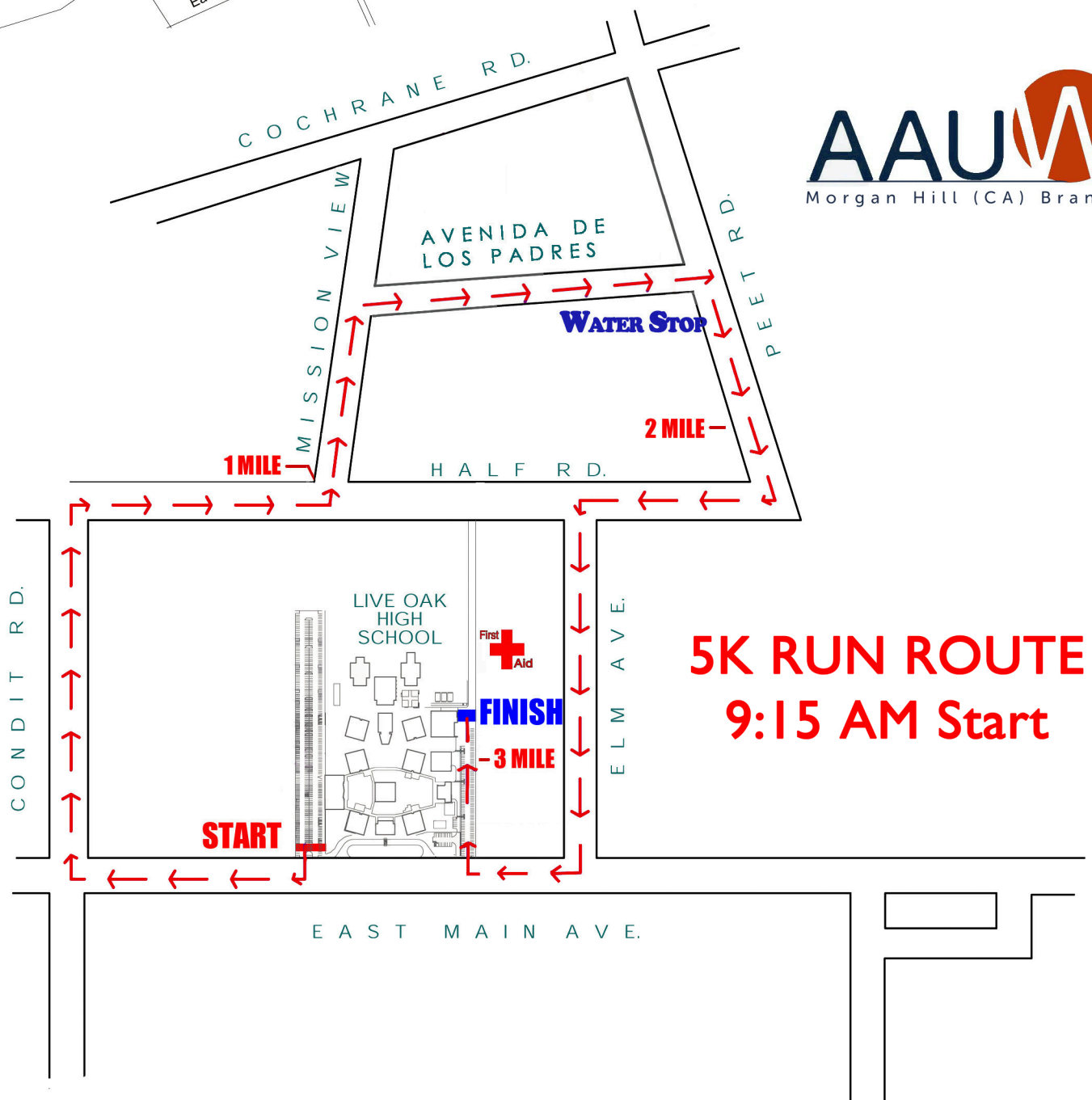
2K RUN ROUTE

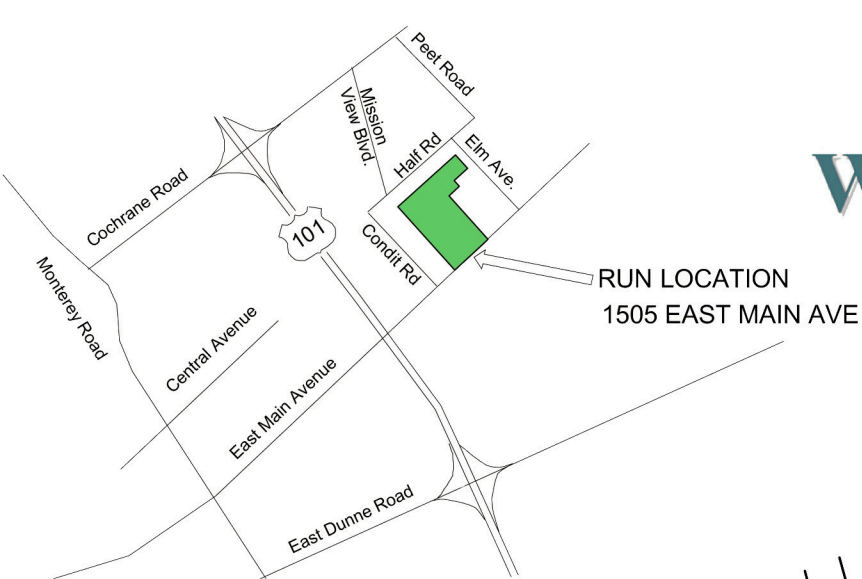
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- If you need to be on the track with your child, please register both of you for the non-competitive 2K Fun Run/Walk.



WILDFLOWER RUN

10K RUN
5K RUN OR WALK
Held at Live Oak High School
1505 East Main Avenue, Morgan Hill, CA



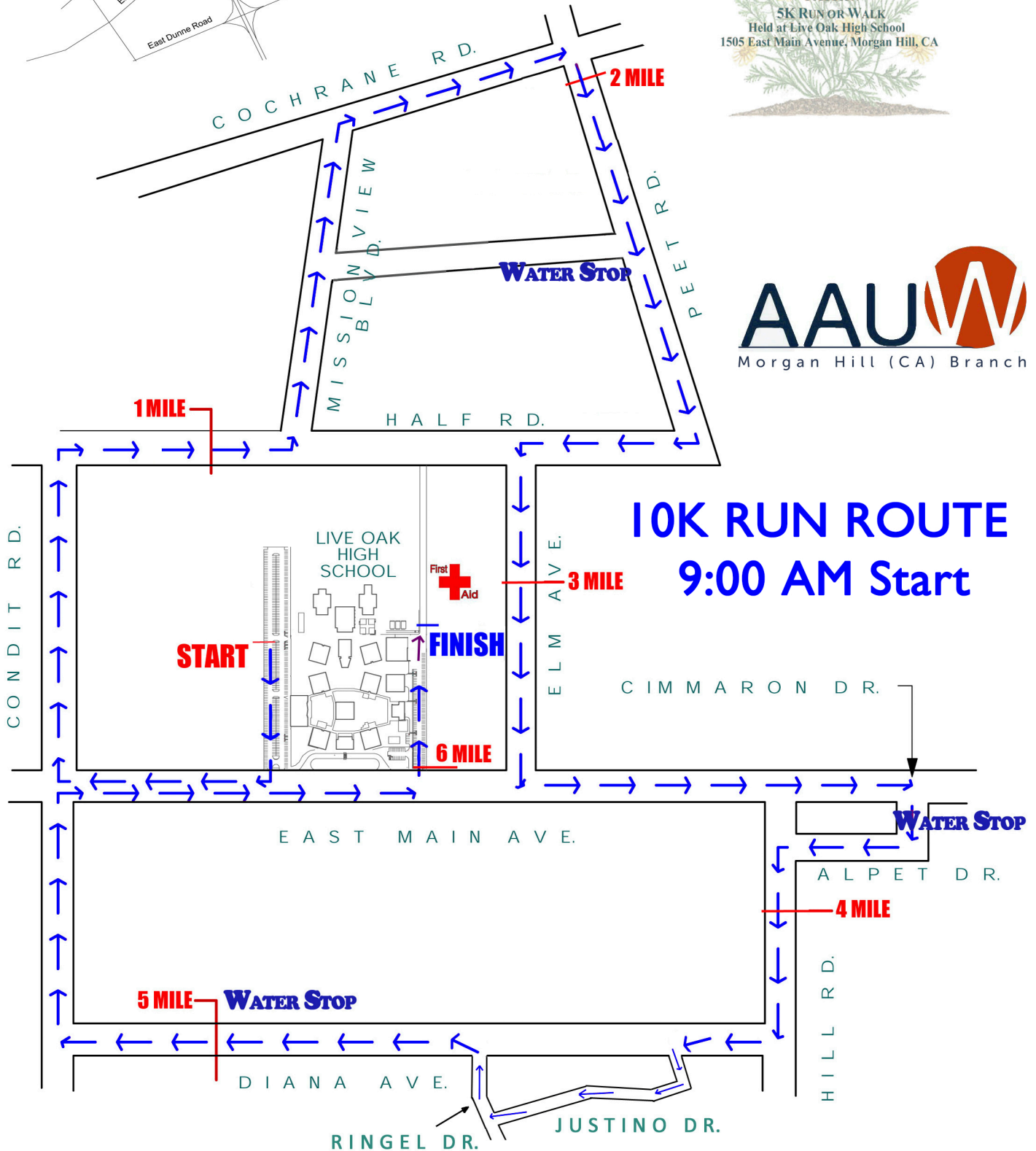


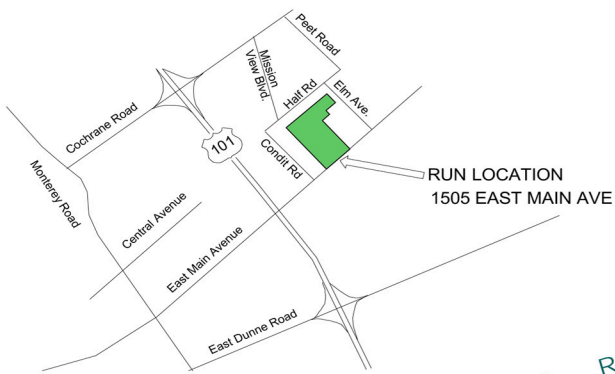
WILDFLOWER RUN

10K RUN
5K RUN OR WALK
Held at Live Oak High School
1505 East Main Avenue, Morgan Hill, CA



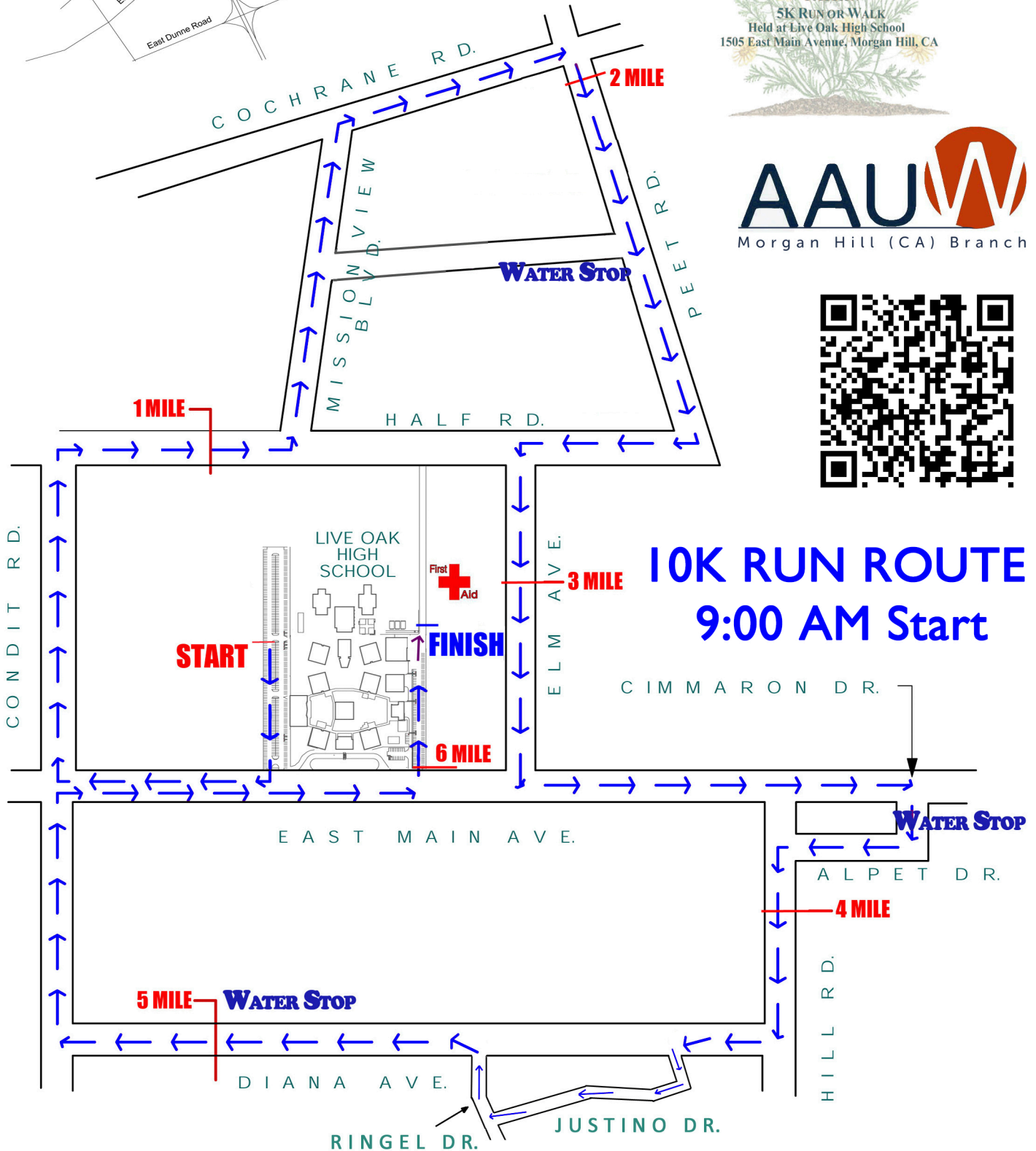
5K RUN ROUTE
9:15 AM Start





WILDFLOWER RUN

10K RUN
5K RUN OR WALK
Held at Live Oak High School
1505 East Main Avenue, Morgan Hill, CA



AFTER THE RACE: FINISH FEST

Medals & Awards

Kids (10 and under) 2024 Medal - All kids, 10 and under, regardless of event, will receive a specially designed Wildflower Run medal representing this year's run as they complete the event.

Kids' 2K Run - First, second, and third place overall (male and female) will receive additional winner medals and prizes ***immediately following the event, at the track.*** If you would also like a photo at the podium with your medal, head over to the Finish Fest--where a photographer will be waiting--after receiving your medal.

2K Fun Run/Walk and 5K Walk - All kids 10 and under will receive the above Wildflower Run medal representing this year's run. All other participants will receive a finish ribbon.

5K and 10K Runs - All kids 10 and under will receive the above Wildflower Run medal representing this year's run. All other participants will receive a finish ribbon. Awards will be presented on the podium in the center of the Finish Fest, near the finish line. First, second and third place overall in each race (male and female) will receive prizes and medals. First, second and third place in all age groups (male and female) will also receive place medals. 5K medals will be announced first, starting between approximately 10:00 am and 10:15 am. ***Please listen for announcements.***
Age Groups: 12 and under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, and either 70+ (10K) or 70-79 and 80+ (5K)

5K Stroller/Baby Jogger Race - All runners will receive finish ribbons. Awards will be presented on the podium in the center of the Finish Fest, near the finish. First, second and third place (male and female) will receive prizes and medals. There are no age group categories. ***Please listen for announcements.***

Results Available

On-Site - Laptops will be available where 5K and 10K runners can immediately scroll to your results.

Online - We anticipate having results for our 2K Run posted on our Wildflower Run website by Monday following the race. Go to WildflowerRun.org/results (on our Run website). For the 5K Run | 5K Walk | 5K Stroller | 10K Run, we expect to have results posted on our website by Thursday after the run, once the results are finalized by SVE. Results for the 10K and 5K events will also be available through South Valley Endurance on their website, svetiming.com.

Water & Snacks

Post-race refreshments will be available as you enter the Finish Fest. Note that water for 2K runners will be on-site at the track following that race.

Goodie Bags

Goodie bags will be available for Kids 10 and under. These special kids' 10 and under goodie bags will be available ***immediately following the 2K events, at the track*** and at the **Finish Fest for the 5K and 10K young kids** (in the same area where they will pick up their finish medals).

Corporate Sponsors & Information Booths

Our race would not be successful without our sponsors. Be sure to check out their booths at the Finish Fest for information and giveaways. Our entertainers along the route may also have material for you. ***Some of our sponsors may also be offering merchandise for purchase.*** And be sure to stop by the AAUW booths to learn about our organization and our activities, and meet local scholarship winners. ***LOST & FOUND is also located at the AAUW booth.***

Fun Activities for Children

As always, we will be offering free fun activities for children in two locations at the Finish Fest. These will include simple science projects (offered by the South Valley Science and Engineering Initiative) and crafts.

Volunteers & Questionnaire

AAUW provides close to 200 volunteers to make this a successful event. Please ask a volunteer (look for a Wildflower Run sweatshirt or big "ASK ME" button) if you have questions. Look at the Finish Fest for the QR code for our questionnaire. Please take the time to scan the code and let us know what we can do to do better next year!

Free Photos Courtesy of the Morgan Hill Photography Club Members!

Our photographers will be posting candid, event, and award photos (available Wednesday after the run). The link is available through our website, WildflowerRun.org/photos. Browse and download for great memories.